United Way of Tompkins County (UWTC) helps people meet immediate, basic needs while creating lasting change. To do this, UWTC fosters collaborations with nonprofits, businesses, educational institutions, and government partners, and, makes strategic investments.

**The Advocacy Center of Tompkins County**
Provides crisis intervention and support for adult and youth victims of domestic violence, sexual assault and child sexual abuse including shelter, hot line services, advocacy, support groups and referrals; also provides prevention education and training.
P.O. Box 164, Ithaca, NY 14851  607.277.3203

**Alcohol and Drug Council of Tompkins County**
Provides information, education, and counseling and referral services for Tompkins County residents regarding alcohol, its usage, and alcoholism. All services are confidential.
201 E. Green Street, Ithaca, NY 14850  607.274.6288

**American Red Cross, Tompkins County Branch**
Provides education and relief services which enable people to prevent, prepare for, respond to and recover from emergencies. Also operates emergency shelter for individuals that are homeless.
2 Ascot Place, Ithaca, NY 14850  607.273.1900

**Better Housing for Tompkins County**
Helps to improve housing options for people with low-income through rental property management, housing repair/rehabilitation, and home ownership through counseling and financial assistance.
115 W Clinton Street, Ithaca, NY 14850  607.277.4500

**Cancer Resource Center of the Finger Lakes**
Is dedicated to providing support, education and advocacy for all Tompkins County people facing cancer. The agency is united in the fundamental belief that each person must decide individually which treatment is best, and does not advocate one treatment (conventional, complementary, and alternative) over another.
612 West State Street, Ithaca, NY 14850  607.277.0960

**Catholic Charities of Tompkins and Tioga Counties**
Offers referrals and assistance with clothing, prescriptions, security deposits, utilities, transportation, employment training and emergency financial support to residents with low-incomes and urgent needs. Catholic Charities serves all people of Tompkins County without distinction to faith identification.
324 W. Buffalo Street, Ithaca, NY 14850  607.272.5062

**Challenge Workforce Solutions**
Provides a range of employment and support services for students and adults with disabilities or other employment barriers.
950 Danby Road, Suite 179, Ithaca, NY 14850  607.272.8990
**Child Development Council**
Promotes the healthy development of children and families at home, in childcare and in the community. Provides resources and referral to regulated daycare programs, advocacy for coordination of comprehensive quality daycare services in Tompkins County, education and support services for teenage parents and families at high-risk.
609 W. Clinton Street, Ithaca, NY 14850   607.273.0259

**Community Dispute Resolution Center**
Helps individuals, groups and organizations resolve consumer/merchant complaints, landlord/tenant complaints, neighborhood problems, family and interpersonal disputes and minor criminal complaints through the processes of conciliation, mediation and cooperative conflict resolution.
120 W. State Street, Ithaca, NY 14850   607.273.9347

**Downtown Ithaca Children’s Center**
Offers New York State licensed full and part-time regular daycare and short term and emergency childcare for children ages 6 months to 5 years.
506 First Street, Ithaca, NY 14850   607.272.7117

**Family and Children’s Service of Ithaca**
Provides individual, family and group counseling, community education programs, respite services, and employee assistance programs.
127 W. State Street, Ithaca, NY 14850   607.273.7494

**Finger Lakes Independence Center (FLIC)**
Works to break down attitudinal, architectural and programmatic barriers that inhibit individuals with disabilities from full participation in the community. Services include community education, outreach, information, equipment loan closet and referral, and independent living skills training.
215 Fifth Street, Ithaca, NY 14850   607.272.2433

**FISH (Friends In Service Helping) Essential Transportation**
Provides essential transportation through the efforts of over 30 volunteers for residents of Tompkins County who have no other means of transportation.   607.257.5692

**Foodnet Meals on Wheels**
Provides nutrition services to older adults and people with disabilities throughout Tompkins County. Meals on Wheels enable older adults and people with disabilities to avoid or delay costly institutionalization and allow them to stay in their homes or communities. Other services include food stamp pre-screening and application assistance, nutrition screening, assessment, education, and nutrition counseling.
2422 North Triphammer Road, Ithaca, NY 14850   607.266.9553

**Franziska Racker Centers**
People with disabilities, from newborns to seniors, receive a range of supports and services to help them learn, enjoy family and friends, and have good lives.
3226 Wilkins Road, Ithaca, NY 14850   607.272.5891

**Gadabout Transportation Services**
Provides transportation for Tompkins County elderly residents and people with disabilities on a 24-hour advance request basis. Service is door-to-door and lift-equipped, and can be arranged for any purpose.
737 Willow Ave., Ithaca, NY 14850   607.273.1878

**Girl Scouts of NYPENN Pathways**
Builds girls of courage, confidence and character to make the world a better place.
300 Route 318, Phelps, NY 14532   315.539.5085

**Greater Ithaca Activities Center (GIAC)**
Provides a range of multicultural, educational and recreational programs focused on social and individual development and social justice for residents of all ages in the greater Ithaca area.
Human Services Coalition of Tompkins County
Works with community-based agencies and local funders to coordinate and plan for the effective and efficient delivery of human services in Tompkins County; operates county-wide Information & Referral Program.
171 East MLK State Street #133, Ithaca, NY 14850  607.273.8686 Information and Referral: Call 2-1-1

Ithaca Community Childcare Center, Inc.
Provides childcare for families of diverse backgrounds and advocates for children, families and childcare professionals. The Center serves children ages 8 weeks to 10 years old and has programs at various locations.
579 Warren Road, Ithaca, NY 14850  607.257.0254

The Learning Web
Provides hands-on learning to over 700 youth annually – 200 of these youth are homeless – through apprenticeships, employment and life skills training and a supported housing program for youth that homeless.
515 W. Seneca Street, Ithaca, NY 14850  607.275.0122

Legal Assistance of Western New York (formerly known as Neighborhood Legal Services)
Provides legal advice and representation to residents with low-incomes of Chemung, Schuyler, Tompkins and Tioga Counties in civil matters including housing, public benefits, social security and unemployment benefits.
215 N. Cayuga Street, Ithaca, NY 14850  607.273.3666

Lifelong
Seeks to improve and/or maintain the quality of life for senior citizens through recreation, education, advocacy and retired senior volunteer program.
119 W. Court Street, Ithaca, NY 14850  607.273.1511

The Mental Health Association In Tompkins County
Provides education, information and referral, advocacy and peer support to individuals and families in all matters concerning mental health and mental illness.
301 S. Geneva Street, Suite 109, Ithaca, NY 14850  607.273.9250

Opportunities, Alternatives and Resources (OAR) of Tompkins County
Provides services and advocacy for inmates in the Tompkins County Jail, ex-offenders, and offenders’ families to aid in their re-adjustment into the community.
910 W. State Street, Ithaca, NY 14850  607.272.7885

The Salvation Army of Ithaca and Tompkins County
Provides emergency assistance and a variety of educational and recreational programs for youth and adults.
150 N. Albany Street, Ithaca, NY 14850  607.273.2400

Southside Community Center
Provides community programs including a bicycle recycling program, food pantry, and senior citizens food shopping service.
305 S. Plain Street, Ithaca, NY 14850  607.273.5733

Suicide Prevention and Crisis Service of Tompkins County
Provides confidential 24-hour telephone counseling, preventive education in crisis intervention and suicide prevention, and postvention for people who have lost someone to suicide or any other traumatic incident.
124 E. Court Street, Ithaca, NY 14850  607.272.1505

Tompkins Learning Partners
Provides adults and incarcerated youth with free, confidential tutoring by trained volunteers in reading, math, computer usage and English as a second language (ESL).
124 W. Buffalo Street, Ithaca, NY 14850  607.277.6442

Women's Opportunity Center
Assists women undergoing life changes with employment and education, legal, financial and family care issues. Confidential counseling, support groups, public information and job opportunities.
315 N. Tioga Street, Ithaca, NY 14850  607.272.1520
Y.M.C.A. Of Ithaca and Tompkins County
Provides a variety of educational, recreational, after-school, childcare and fitness programs to develop and improve the mental and physical life of youth and adults.
Graham Road West, Ithaca, NY  14850    607.257.0101

Partner Community Councils

Brooktondale Community Center
Serves as the site for the Caroline Food Pantry and as a gathering place for year-round activities for area residents and offers summer camp for children ages 4-12 years and an informational newsletter.

Danby Community Council
Coordinates funding for community enrichment through educational, recreational and employment opportunities for youth family-oriented events.

Dryden Community Council
Provides youth aged 5-12 with summertime activities and programs. Assists Dryden residents with special needs and supports the Kitchen Cupboard Food Pantry.

Enfield Community Council
Provides daycare and enrichment activities for preschool and school-age children, summer camp, teen programs, and a newsletter for residents of the Town of Enfield.

Freeville Community Council
Offers summer recreation programs for area youth.

Groton Community Council
Supports a variety of youth service programs for ages 5-17 through the Groton Youth Commission and Groton Recreation League, assists their Food Pantry and other community programs.

Lansing Community Council
Supports a drop-in center for toddlers and preschool children, older adult advocacy program, summer recreation for youth, and emergency aid fund.

McLean Community Council
Offers a community hall for local events and a summer recreation program for youth.

Newfield Community Council
Provides a variety of programs including before and after school daycare, summer recreation, day camp, reading programs and Food Pantry.

Ulysses Community Council
Provides youth programs, nursery school, after-school day care, outreach reading programs, Christmas Bureau, and a Food Pantry.

Varna Community Association
Provides recreational and educational activities and a gathering place for youth, senior citizens, and other members of the Varna community.

For additional information call United Way of Tompkins County at 607.272.6286.